

Glass ceiling or sticky floor?

Do you feel that you've gone as far as you can with your current employer? Do you feel stuck? Are you working longer hours with little return? If so, you've hit the "glass ceiling" - the point where you can clearly see the next level of promotion, yet despite your best efforts, an invisible barrier seems to stop you from advancing.

As women, we need to understand these barriers: not only those imposed on us, **the glass ceiling**, but also our own personal and often unconscious resistance to playing the game, **the sticky floor**.

This book provides tips and tools to help you get off the sticky floor and break through the glass ceiling - to get you out of your comfort zone, take a risk and be the best you possibly can be.



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52 WAYS TO BREAK THROUGH THE GLASS CEILING

Glenda May
Jennifer Morris

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“There is a special
place in hell for
women who don't
help other women.”

Madeleine Albright

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